



Indonesia Civil Society Forum 2023  
**Civic Space, Capacity and Sustainability**  
Jakarta, June 14 - 15, 2023



**Breakout Session 5**  
**Inside Out: Integrating Personal Transformation**  
**and Peace Movement Leadership**

**June 14, 13:30-16:00 WIB**

**Host: Indika Foundation**

In a world where change is constant and disappointments are inevitable, it is crucial to maintain a peaceful mind. A peaceful mind is especially important for leaders who inevitably will face higher pressure and unpredictability. A peaceful mind can be defined as the ability to have clarity in the midst of confusion, the ability to see patterns in the middle of an ocean of data, and the ability to stay calm during a storm.

Leaders endowed with a peaceful mind exhibit heightened effectiveness in their respective roles, whether engaged in peacebuilding or other sectors. Leaders who develop inner peace will produce better products and lead in a harmonious climate, hence generating better results than those who are not equipped with a peaceful mind. To attain such peaceful qualities, leaders must be willing to undergo personal transformations.

Especially for leaders who are working in the peacebuilding sector, it is important not only to educate our beneficiaries with 'hard skills' such as basic knowledge on peacebuilding and negotiation skill, but also to enable our beneficiaries to have a peaceful mind, therefore they will be less likely to be involved in conflict and discrimination acts.

In this session, we will gain valuable insights from diverse peaceful leaders who specialize in various work areas. They will share their experiences in cultivating personal leadership and developing systems that enable them to develop and lead others. This session will be valuable for leaders across all fields to lead themselves in leading changes.

**Guiding questions:**

1. What do you think is missing in the leadership these days? How important are leaders to have 'peaceful qualities'?
2. What is peaceful mind? What is *not a peaceful* mind?
3. How will peaceful leaders impact organizational achievement and team well-being?
4. How can peaceful leaders influence their programs to incorporate the principles of peaceful mind?
5. How can organizations support their leader to have peaceful qualities?

**Coach:** William, Indika Foundation, Senior Officer, Impact and Program

**Issue Champions:**

- Hendrick Tanu, Mindfulnesshub.id, Founder and MBCT Teacher
- Najeela Shihab, Keluarga Kita, Founder
- Philia Wibowo, McKinsey, Partner, South Asia Leader of People & Organizational Performance Practice